

# IMPORTANT! READ CAREFULLY AND KEEP FOR FUTURE REFERENCE.



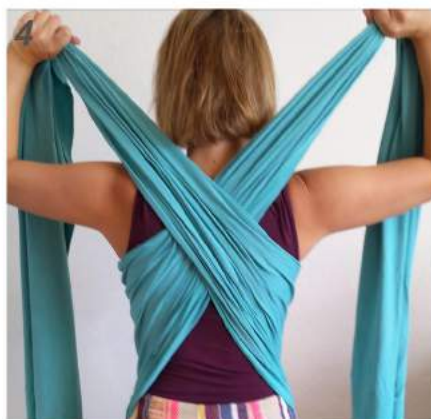
## Wrapping instructions



**1** - Place the logo on your front, and move the wrap underneath your armpits to your back.

**2** - Crisscross the material. Try not to twist it by holding on to the top of the material only.

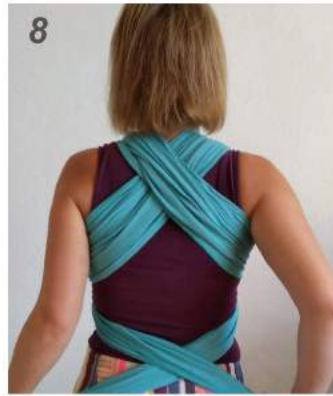
**3** - Place the material over your shoulders to your front, so it forms an 'X' on your back.



**4** - Grab hold of both ends, and pull them firmly upwards, so the 'X' is pulled flat against your back, and the logo on your chest is snug against your body.

**5** - Move the logo part up so it sits underneath your armpits - making sure to keep the material flat against your chest.

**6** - Now grab both ends with one hand, open up the logo part, and slide the ends through it.



**7** - Crisscross the ends *high* on your chest, while pulling the ends down firmly, so the crosses on your back and front are snug against your body.

**8** - Wrap the ends flat around you waist to your back. If you have a short wrap you might need to tie a double knot here on your back, and then you're ready to place baby in.

**9** - If you have enough material left, wrap the ends to your front again.



**10** - Keep wrapping around your waist as necessary and tie a double knot.

**11** - Locate the 'X' strap closest to your chest (in this case on the right hand side).

**12** - Support your baby on the opposite shoulder, and slide baby's leg through the 'X' strap.

**13** - Do the same with the other leg in the opposite 'X' strap.



**14** - Spread the first 'X' strap over your baby's entire back, thighs and shoulder.

**15** - Do the same with the other 'X' strap.

**16** - Ensure that the wrap underneath baby's bottom runs from kneepit to kneepit for proper support.





**17** - Find the strap that runs diagonal along your ribcage, and grab hold of the entire bunch. Pull it away from your body and slide it over your baby's leg.

**18** - Do the same on the other side.

**19** - Spread this piece of material over baby's entire bottom and back by pulling it upwards.



**20** - Pull down the material that is on top of your shoulders to cover your shoulders evenly.

**21** - This will also ensure that the material on your back is evenly distributed.

**22** - You can pull your 'shoulder strap' over your baby's head, and turn the face to the other side as to ensure free airflow around the airways.

**23** - ALWAYS ensure that your baby's nose is at the very least kept level with the floor. If your baby is sleeping, tilt the head slightly backwards so the nose is pointed upward at an angle.



**24** - To take baby out, slide the logo panel down and over the legs again.

**25** - Separate the 'X' straps while holding your baby.

**26** - Lift your baby out.

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## The T.I.C.K.S rule of safe babywearing:

**T - Tight:** Your wrap should be tight enough to hug your baby close to you. Any slack/loose fabric will allow your baby to slump down in the wrap, which can hinder their breathing and pull on your back.

**I - In view at all times:** You should always be able to see your baby's face by simply glancing down. The fabric of your wrap should not close around them so you have to open it to check on them. Nor should your baby's airways be covered by anything else such as a jumper, coat or scarf.

**C - Close enough to kiss:** Your baby's head should be as close to your chin as comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.

**K - Keep chin off chest:** A baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger's width under your baby's chin.

**S - Supported back:** In an upright carry a baby should be held comfortably close to the wearer so their back is in its natural position and their tummy and chest are against you. If a wrap/sling is too loose babies can slump which can partially close their airways. This can be tested by slightly bending forward with care. Your baby should not move away from your body when doing so.

## WARNING:

A) **WARNING:** Your balance may be adversely affected by your movement and that of your child;

B) **WARNING:** Take care when bending or leaning forward;

C) This carrier is not suitable for use during sporting activities.

- This carrier is intended for children 2.5 - 9 kgs\*\*

- Ensure that there is free airflow around baby's airways at all times.

- Do not overheat your baby.

- Do not use the carrier while driving or instead of a car seat.

- Do not use the carrier while in front of a hob, oven or open flame.

- Take extra care when consuming hot food whilst using the carrier.

- Do not consume hot beverages or soups while using the carrier.

- Do not take off or undo the carrier before you lift your baby out.

*\*\* If your baby weighs less than 2.5kgs, or is born with an illness or disability please consult your pediatrician about proper use of the Hana Baby Wrap before any use of the wrap.*

## Washing instructions

Wash separately before use.

Machine wash 40 degrees C.

Tumble dry low.

Do not use any bleach or brighteners.

Do not use fabric softeners.

Do not dry clean.

We recommend washing the wrap in a laundry bag or pillow case to prevent tangling.

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European safety standard approved - EN 1309-2 2005

